

FREE HOLIDAY ACTIVITIES IN THE PARK CYCLE CENTRE, WITTON COUNTRY PARK MON 18 – FRI 22 FEB 2019, 11AM – 4PM

Join the re:refresh team this half term for FUN FREE FAMILY activities in the Park.

Activities will include:

- Family Scavenger Hunt
- Bike Doctor
- Bike hire
- Inclusive cycle
- Biker Tots – indoor
- Electric Bike led ride
- Basic bike maintenance course
- Puncture Party – free bikes available for children under 10 (subject to availability)

Check out our Facebook page for up to date information:
[@refreshblackburnwithdarwen](#)

For more information call
01254 682037
or visit: refreshbwd.com

re:refresh
your health and wellbeing



FEBRUARY HALF TERM

PROGRAMME OF FREE ACTIVITIES FROM RE:FRESH AND THE CYCLE CENTRE

Monday 18 - Friday 22 February 2019

Witton Country Park, Blackburn

Inclusive Cycle

A chance for all abilities to have the opportunity ride a bike around the outdoor track.

Monday - Friday 12pm - 3pm

Puncture Party

FREE Bike for children under 10. Learn to fix a puncture and get a voucher for a free bike. Subject to availability.

Monday - Friday 12pm - 3pm

Bike Hire

FREE bike hire available from the Cycle Centre. Adult required to complete hire form.

Monday - Friday 12pm - 4pm

Xplorer Scavenger Hunt

Family friendly fun navigation challenge that gives children a sense of adventure as they explore the park. Maps available from the Cycle Centre

Monday - Friday 12pm - 4pm

Bike Doctor

Bring your own bike and receive free repairs and a bike safety check from Cycle Roots

Monday 11am - 4pm

Biker Tots

Stay & Play for 2-4 yr olds

Fun session on the Indoor Track in Witton Park Arena with balance bikes and other toys and games.

Tuesday 12pm - 1pm

Electric Bike Led Ride

Led electric bike ride by I Cycle Electric. Places subject to availability - call 01254 682037 to book.

Tuesday 1pm - 2pm

Basic Bike Maintenance Course - Brakes and Gears

Places subject to availability - call 01254 682037 to book.

Wednesday 10am - 12pm

Blackburn with Darwen
**WELLBEING
SERVICE**



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